



Southern University and A&M College
CHANCELLOR'S REPORT
to the
Southern University Board of Supervisors

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“We Are Southern”

Report No. 25

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SUBR Featured in USA Today

Alexis Motley, Dietetic Internship Director and registered dietitian at Southern University Baton Rouge was featured in a USA Today Article entitled: **Is Milk still considered healthy? How much do we need? It really depends on the person.**

The article, published on October 18, 2022 features Motley and other recognized experts addressing pertinent questions regarding the current relevance of milk to include the importance of drinking milk regularly and whether various forms of milk are healthier than others.

Motley emphasized in the article that while milk gives the body vital nutrients such as calcium, potassium, vitamin D, and protein, it isn't the only way to get these important nutrients. Alternatives mentioned include:

- Calcium from orange juice, winter squash, edamame, tofu, almonds, leafy greens, kale and spinach; and
- Potassium from dry fruits, beans, potatoes, spinach, bananas, cantaloupe, oranges, and tomatoes; and
- Vitamin D from fish, egg yolks or any fortified cereals.

The article can be read in its entirety at the following link:

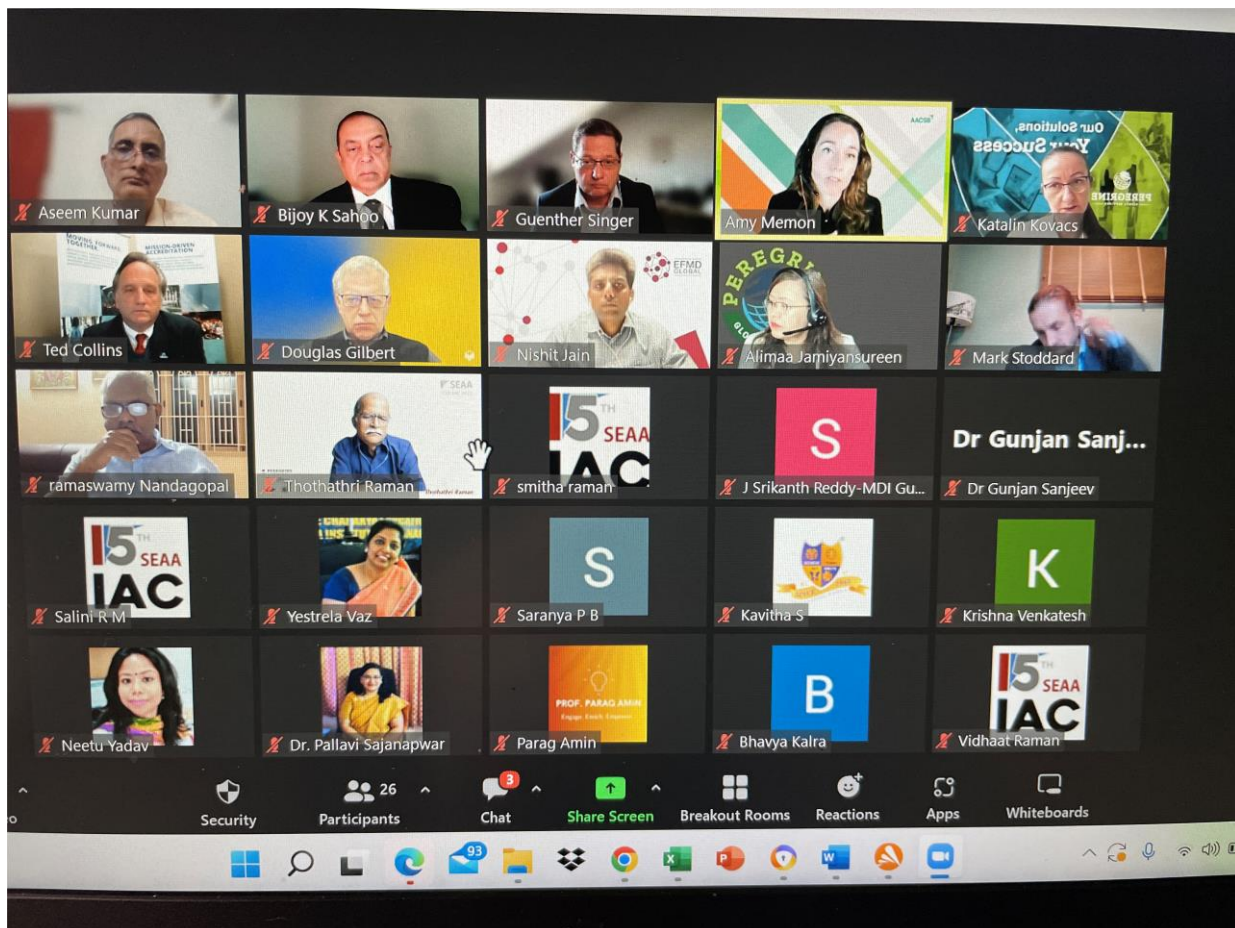
<https://www.usatoday.com/story/news/health/2022/10/18/is-milk-healthy-how-much-per-day/8237477001/>



On Campus...

Office of Academic Affairs

Dr. Bijoy K. Sahoo, SUBR Executive Vice Chancellor & Provost, served as Chair of an Inaugural Panel comprised of speakers from all of the accreditation systems and the UN Global Compact to discuss the “Social Impact of Business Education.” The panel discussion was held during the 15th International Accreditation Conference on November 7-8 2022.



On Campus...

College of Humanities and Interdisciplinary Studies

The College of Humanities and Interdisciplinary Studies joined forces with the Arts Council of Baton Rouge and The River City Jazz Masters to present a Masterclass by highly acclaimed and celebrated violinist Regina Carter on October 11, 2022 on the SUBR campus.



On Campus...

University College

University College hosted their Annual Mid-term Breakfast October 12, 2022 to provide all students an opportunity to gain “brain” or “energy” food prior to exams being administered. This year the University College hosted two stations.

Station 1- Tony Clayton Plaza (Assisted Commuter Students)

Station 2- T. T Allain (On Campus Residents)

Students thoroughly enjoyed the event as it provided a final opportunity to gain access to testing scantrons and a delightful breakfast! More than 400 students were served.



On Campus...

Navy ROTC

Southern University NROTC (SU NROTC) sponsored a Dining-Out and a Tailgate during Southern University's homecoming week. These events were part of a broader initiative to increase involvement of SU NROTC Alumni in Midshipmen activities. Both events were tremendously successful. Alumni from across the country engaged with Midshipmen in conversations about unit history, legacy, and the distinguished careers of many of SU NROTC's graduates.

A Dining-Out is a traditional military event that features a formal dinner, a guest speaker, and a litany of military traditions designed to foster camaraderie among the members of a military unit. Dining-Out (as opposed to Dining-In) denotes that guests are invited to join in the traditions with the, "Mess." The Midshipmen conducted skits and told stories of semester events, all while embodying the spirit of budding young Naval officers. Additionally, the event offered an opportunity for students to plan, organize, and administer a complex evolution under the staff's guidance.

The SU NROTC Alumni tailgate occurred prior to the Southern University homecoming game. Alumni had an open forum to discuss Southern University's rich ROTC history dating back to the '70's. They were able to impart wisdom on current students as to what they need to take away from their time in NROTC and what their lives would be like as Junior Officers. The Alumni and Midshipmen both benefitted from this experience and are looking forward to building further relationships with the members of Redstick Battalion, both past and present.

